

IgE

**IgE is the only
approved method for
in-vitro allergy diagnosis**

IgG

<IgG tests do not have clinical relevance in allergy>

- * IgG testing has no clinical value in the diagnosis of food allergy and is not recommended.
- * The American Academy of Allergy, Asthma and Immunology opined that IgG and IgG subclass antibody tests for food allergy do not have clinical relevance
- * Measurement of specific IgG antibodies to foods is unproven as a diagnostic tool.
- * Determination of food-specific IgG is of no clinical relevance and should not be part of the diagnostic work-up of food allergy.